#### STEM CELL TRAINING

# BONE MARROW CONCENTRATE

STEP BY STEP GUIDE

### **SUPPLIES NEEDED**

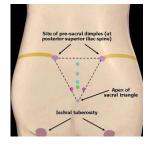
- Bone marrow concentrating kit.
- Heparin 1000 U 35 cc.
- Marcaine 0.25 + Lidocaine 2%.
- 22 gauge spinal needle.
- 11 blade.
- Tapper.

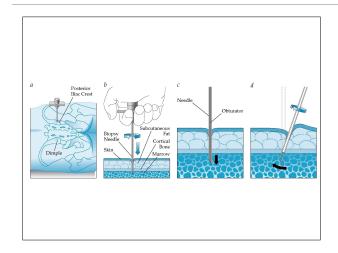


BMA CONCENTRATING KIT

## HEPARINIZE EVERYTHING !!!!

### POSTERIOR ILIAC CREST ANATOMIC MARKINGS





### **PROCEDURE**

- Numb skin and subcutaneous tissue.
- Using a spinal needle and peppering technique numb periosteum.
- Make a small incision with 11 blade.
- Gently advance the tip of the trocar onto the periosteum. Tapper may be used.
- Remove obturator and attach a heparinized 20 cc syringe.
- Using back and forth motion obtain 60 cc of marrow.



### **PROCEDURE**

Pass the 60 cc of narrow through the neparinized filter to woid debris to contaminate the sample.



Place in the Bone Marrow Aspirate Concentrating Device • Centrifuge 3400 RPM X 10 min • Using the three locks key discard serum and obtain 10 cc of bone marrow.

 Place in the Low Lever Laser Device for 20 min.

